

Chili

4 chicken breast halves

1 15 oz cans black beans, undrained

2 15 oz cans Mexican stewed tomatoes (or you can just use regular stewed tomatoes)

1 cup salsa (mild, medium, or hot, whichever you prefer)

4 oz can chopped green chilies

14 1/2 oz can tomato sauce

1. Combine all ingredients in slow cooker
2. Cover and cook on low for 8 hours
3. Remove chicken breasts and cut into bite sized pieces--stir back into chili

To serve either put over chips or over rice--you can top with cheese if you want

The good thing about this is--you can easily double it in one crock pot. You don't have to cook the chicken ahead of time--you just put everything in and cook--it is super easy.

If you put in regular tomatoes (which may be cheaper) then you need to add some chili spice to it.

Because it has beans, tomatoes and chicken the internationals have all seemed to really like it.